



FOUNDER + VISIONARY

KATIE HESS

Katie Hess is author of **Flowerevolution**, founder of **LOTUSWEI** and expert of bioenergetic remedies.

She has hand-collected over 300 flower remedies across the world and studied their impact over the last 25 years.

She established an intuitive system for doctors, natural practitioners and individuals to determine their own needs, accelerate their transformation and realize their true potential.

Thousands of people around the world have experienced the benefits of these remedies not only for their personal well-being, but as a catalyst for expansion in relationships, business and community.

The ultimate impact is a ripple that reaches far beyond the individual – transforming the world from the inside out.

Find out what your favorite flower means about you at lotuswei.com.

POSSIBLE SPEAKING TOPICS:

1. Transforming the World from the Inside Out
2. Understanding Our Health: Moving from Mechanical to Energetic
3. Seeing the Invisible: Nature's Healing Power
4. Accelerating Personal Growth with Botanical Bioenergetics
5. Flower Remedies for Birth, Death and Everything In Between
6. Getting to the Root Cause of Physical Symptoms
7. Revitalizing the Body's Electric System After Toxic Overload or Injury
8. Powering Up the Pineal Gland with Nature's Bioenergetics
9. Becoming Fearless & Unshakeable in Today's World
10. Amplifying Human Resilience with the Intelligence of Nature



LOTUSWEI



SAN CENTER

51,000+
SOCIAL MEDIA FOLLOWERS



CUSTOMERS IN
100+ COUNTRIES

SOLD WORLDWIDE IN
15 COUNTRIES

VIEW
MEDIA KIT



SPEAKING + TEACHING EXPERIENCE

Sustaining WELLness in a World of Toxins - Austin TX, 2026

Changing Lives & Destiny - Dallas TX, 2025

Confluence - TX, 2024

Healing Kitchen Docuseries by Sacred Science - CO + AZ, 2023

Flowerlounge Events 2016-2025 - Singapore, Vancouver B.C, New York City NY, Miami FL, Los Angeles CA, San Francisco CA, Phoenix AZ, Austin TX, Charleston SC, Columbia MD, Chicago IL, Minneapolis MN, Seattle WA, Portland OR, Temple NH

TEDx - Phoenix AZ, 2020

Spa Buzz - Ivins UT, 2023 and Denver CO, 2011

Dr. Tyna Mastermind Group - Phoenix AZ, 2022

Earthaura Retreats - Costa Rica, 2018-2019

Rubin Museum Art & Yoga Urban Retreat - NYC 2018

The Alchemist's Kitchen - NYC 2018

Southwest Institute of Healing Arts - Phoenix AZ, 2013-2017

Clodagh Design Salon - NYC, 2014

Seedspot Entrepreneurial Demo Day - Phoenix AZ, 2013

Global Spa & Wellness - New Delhi, India, 2013

Southwest Institute of Natural Aesthetics - Phoenix AZ 2010-2013

The Shift Events - Baltimore, Montpelier, Scottsdale, Naples, 2013

Well + Being - Scottsdale AZ, 2013

Kinected Studio - NYC, 2013

STORY: Wello Women's Evening - NYC, 2012

Rancho La Puerta Resort & Spa - Mexico, 2012

Canyon Ranch - Tucson AZ, 2012

Southwest College of Naturopathic Medicine - Phoenix AZ, 2012

Phoenix Natural Medicine & Detox Center - Phoenix AZ, 2012

Celebrate Your Life Conference - Sedona AZ, 2012

MANA Midwifery Conference - Tempe AZ, 2012

Virayoga Wellness Series - NYC, 2011

Clodagh Design Salon - NYC, 2011

Arizona Herbal Association - Phoenix AZ, 2011

AZ Birthing Network Conference - Phoenix AZ, 2011

Seeds of Compassion - Seattle WA, 2008



**WATCH KATIE'S
FLOWERLOUNGE
PRESENTATION**

PRESS FEATURES &

INTERVIEWS



FLOWER POWER!
Using Flower Elixirs to Elevate Your Mind, Body + Spirit




Why Flowers Remedies Are **FEMININE MEDICINE**




MICRO-DOSING THE SPIRIT OF NATURE





EVERYTHING YOU WANT TO KNOW ABOUT Flower Essences




THE GATHERING OF HEALER WARRIORS
+ Tuning Into Botanical Wifi




LEANING INTO THE TRUTH:
Why It Seems So Difficult for People To Stand in Their Truth Today

THERE'S A FLOWER REMEDY FOR THAT:
Heal, Bloom + Harmonize with Life

